Debra Camarillo, Executive Director The Latino Commission

http://www.thelatinocommission.org/

Horizons Unlimited of San Francisco

http://www.horizons-sf.org

October 9th, 2014

Dear Chantal,

I wanted to send a warm thank you for the training you provided to my staff and me. We are very pleased with the way the training was conducted, the material presented and the new tool, CAP we have begun to discover. I understand that we are just in the beginning stages of fully understanding it's richness but appreciate its versatility for immediately use.

Chantal, I would like to share the direction in which we will be embarking with CAP.

As an agency we offer substance abuse and mental health services in a continuum of service venues. Our breath is from outpatient, intensive outpatient and residential treatment modalities treating women, women with children, men and teens, or from the cradle to the grave. Our plan is to layer our counseling and therapy with CAP.

After viewing first-hand the powerful impact it had with our sample youth group I was in awe of the depth at which CAP reached. What would of taken us anywhere from five or six months of talk therapy was reach in an hour with the youth, amazing!

Our thoughts are after our initial assessment and care plan to use CAP in order to have a clearer comprehensive picture of where the client is and tweak the care plan and goal setting. CAP is excellent in determining direction with the client and will give counselor and therapist a realistic sense of the areas in which to work.

In addition, I believe that CAP will provide a platform for particular clients. Those that have extensive histories of trauma and find it difficult to articulate their emotions and some mental health challenged clients that find it easier to engage in drawing than talking or the rituals that allow for brain organization.

Needless to say there are many possibilities with CAP and we are just scratching the surface with much anticipation!

Chantal if you have any suggestions we welcome your feedback so feel free to share your thoughts with me. Again, I thank you for all you do and your vision in bringing healing to those in need. We will stay in touch.

Debra