

CATHARSIS APPLICATION PROGRAM®

A powerful restorative technique helping individuals explore safely their conflicts and repressed emotions and feelings for a real liberation and healing process

PEDIATRIC HOSPITAL

Dr. Michel Gabriel Mouret,

Psychiatrist Specialized in the symbolic function

"Allowing creativity to flow in drawing, painting, and collages during music listening helps patients discover themselves, and lets those who observe their drawings get a glimpse of their mental organization at a particular moment in time. In this way, patients are able to reacquaint themselves with the underlying framework that supports their internal world, made up of strengths, weaknesses, mental and spiritual forces, all of which are stimulated and mobilized by the music.

More powerful than conscious elaboration, the intensity of that which has been revived through musical induction is preserved in the patients' drawings.

This is particularly true of the musical selections offered by Dr. Alain Amouyal. I had the opportunity to witness with consistency the impact Alain's music had on the patients.

*I proposed the name '**Dynamic Evolving Impulse**', to describe the outcome observed after treating patients during psychotherapeutic sessions with this musical support."*