

# Receptivity to Music



*Theoretical Guideline*  
**MANUAL**

**CAP**

RECEPTIVE LISTENING				Subject : _____													Page1	
(based on Dr J. Verdeau-Paillès)																		
CRITERIA FOR ANALYSIS				MUSIC LISTENED													INTERPRETATIONS	
n°	Categories	Types of responses	Data observed	1	2	3	4	5	6	7	8	9	10	Total	Observations :	(a rough guide only!)		
A - Observation of the Subject																		
I	Behavioral observations	Facial expression	Eyes open														Difficulty to relax, maintains control	
			Eyes closed														Internalization	
			Worried														Anguish	
		Attitude and Posture	Relaxed														Release	
			Static, frozen, or indifferent														Rigidity, inner resistance	
			Completed gestures															
			Interrupted gestures															
			Inhibited gestures															
			Miming, imitation															
			Relaxed (hand behind the head...)															
			Withdrawn (crossed legs...)															
			Nervous (biting fingernails...)															
			Attention internalized (head in hand, dreamy expression...)															
		Emotional observations	Grimacing or pouting															
			Sadness															
			Happiness															
			Pained															
			Indifferent (attitude)															
		Physical manifestations	Inexpressive															
			Tears															
Laughter																		
			Smiles															
II	Length of silence	Speaking without a pause	Speaking in a measured way													Mastery of emotions, well-adapted		
			Speaking quickly, precipitously													a) Intelctual excitation b) Distracted c) Intense emotional state		
		Speaking after a silent pause	Less than a minute													Supressed emotions		
			One minute													Mental inhibition		
			More than a minute												If the face is calm, relaxed:	a) Expression is difficult b) Overall slowness of intellectual processes c) Doesn't want to spoil the pleasure of the music		
III	Length of response		From one to less than two minutes													Emotional mastery, well-adjusted		
			More than two minutes													a) Slowed verbal delivery b) Rich verbalization c) Confabulation (answer given "off the cuff" with no concern for veracity) d) Lack of self-mastery		
To note after the second listening: favorite and least favorite music																		
IV	Subject's preferences	Favorite music																
		Least favorite music																